

## **Senior Activities:**

### **1. Seniors Balancing Stress**

Students will complete a group balloon activity where they share stresses related to their senior year. With the counselor, they will discuss ways to balance stress and rely on one another for teamwork.

### **2. Name THAT Job!**

Using various jobs as prototypes, students will work with partners on a game show using terms related to professional fields.

### **3. Speed Interviewing**

With members of the local community, seniors will engage in a mock interviewing activity where they will meet briefly with five interviewers to help provide an initial interviewing opportunity and time for reflection.

### **4. Advisory Lessons**

During advisory, the counselor will be informing students on topics such as the FAFSA ID, Parchment, senior checklist, ACT registration, etc.

Grand Valley High School  
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# College & Career Planning

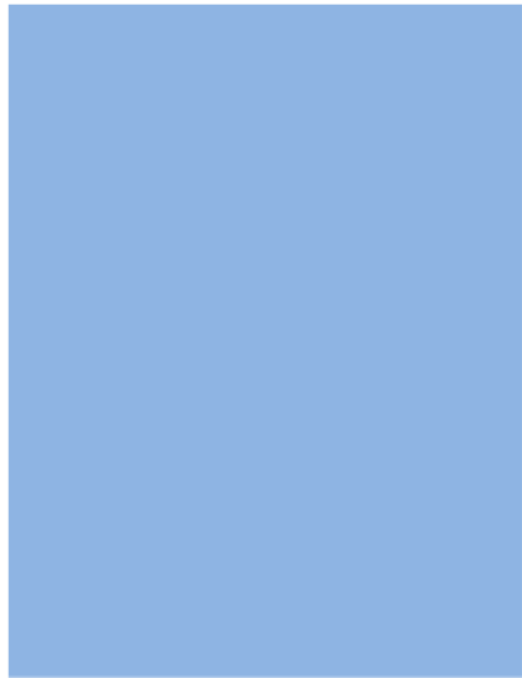
Grand Valley High  
School

For managing transitions between  
high school & the future



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## College & Career Planning Informational Night

**Date:** Tuesday, October 10, 2017

**Time:** 6:00 p.m.

**Location:** GVHS Study Hall,  
Room 200

### Teachers & Parents

Please join us as we introduce our senior guidance unit designed to help transition your student(s) from high school to their future, with ease.

### Informational Night's Guest Speaker:

Kristina Call, Financial Aid Coordinator for  
Kent State University's Ashtabula Branch

- Financial Aid Process
- FAFSA
- Scholarships
- Grants
- Student Loans

## Guidance Unit Learning Objectives:

- To provide methods of reducing senior stress and encouraging mindfulness;
- To provide a healthy transition between high school and plans following high school by utilizing a senior checklist;
- To provide guidance counseling for graduation requirements and assessment pathways in accordance with Ohio law;

- To aid those entering into the CCP program through individual counseling
- To assist with transcript technology by providing training on the Parchment Online Service;
- To search college and career options, including post-secondary and technical institutions, military branches, and workforce opportunities;
- To help students understand the college or workforce application process;
- To explore financial aid information, including the FAFSA ID, FAFSA process, grants, and loans;
- To provide counseling and preparation for the ACT/SAT, as well as assistance with registration;
- To assist students in accessing online and local scholarship opportunities for those pursuing a post-secondary option
- To improve cover letter, resume, and reference writing, as well as mock interviewing skills

